Characteristics of people with schizophrenia and recent homelessness in The Hague, The Netherlands: A first study

Elie S. Valencia, JD, MA ¹, Albert. van Hemert, MD; PhD ², Annicka. van der Plas, MA ², Diede Schols, MD ², Hans W. Hoek, MD; PhD ². (1) Epidemiology Department, Columbia University, 722 West 168th Street, New York, NY 10032. (2) Parnassia Psychiatric Institute, Mangostraat 15, The Hague, 2552 KS, Netherlands.

Objective: To report on a first study of the characteristics of people with schizophrenia and a history of homelessness in The Haque, Netherlands.

Methods: Parnassia is the sole mental health service provider for The Hague. We screened all 2723 electronic records of schizophrenia spectrum disorders patients at Parnassia in a recent year. We identified 112 patients with a homelessness history in the prior two years. We collected one-year data from the Parnassia Case Register on service use and clinical variables. In standardized interviews, we assessed clinical, substance use and homelessness histories of participants.

Results: The majority, 76% (N: 85) was contacted. Among those contacted, 14% was excluded and 14% refused to participate. We found no significant difference on service use, demographic and clinical characteristics for participants (N:60) and non-participants (N:52). The majority (88%) is male, 45% never married, mean age is 39 and 27% is foreign born. Mean education is 9 years. Prescribed medication history is high (87%), and 44% reports periods of 3 to 12 months and 32% reports periods of more than 12 months of lifetime homelessness. Lifelong substance use histories are high: 64% cocaine, 36% heroine, 25% amphetamine; 63% cannabis, 53% alcohol. Current use is considerable: 32% cocaine, 10% heroine,15% amphetamine, 52% cannabis, 34% alcohol. The majority (76%) reports an incarceration history. They have a high HIV rate, 2 out of 32 tested (6.3%) were positive.

Conclusions: These individuals need specialized services to address their dual diagnoses, risk of homelessness, and prevent HIV and imprisonment.

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